First Lesson Plan: Five Year Old Beginner

Focus	Activity	Time Est.
Navigating	**Black Key Improv:** Student improvises while the teacher plays simple accompaniment such as 'World Piece' from Forrest Kinney's Pattern Play. As you progress ask the student to play two/three black key groups, louder/softer, faster/slower if they're able	3 min
Keeping the Beat	**Marching:** March together around the room to any backing track with a moderate tempo. Most young beginner methods include something suitable. **Jumping:** Repeat the same backing track, this time jumping every 4 beats.	4 min
Aural	**Listening Paddles:** Ask the student to hold up the correct paddle from the two options as the teacher plays examples. Some are harder than others so proceed in this order depending on apptitude. 1. Loud & Soft 2. Short & Long 3. Same & Different 4. High & Low	4 min
Singing	**Solfa:** Sing solfa with hand signs and ask the student to join in singing after a few repetitions. Begin with so-mi and proceed to do-low la if the student is ready.	3 min
Finger Dexterity	**Tapping:** Introduce the finger numbers and call out fingers to tap on a tabletop, tapping along with the student so they can follow the example.	2 min
Rhythmic Awareness	**Clap-back/Beat-back:** Clap or play a rhythm on a drum. Ask the student to repeat it back to you, increasing or decreasing the difficulty as necessary.	3 min
Navigating	**White & Black Key Improv:** Student improvises while the teacher plays a chord progress in C major. Ask the student to let you know when they would like to switch to black keys.	3 min
Navigating	**Rote Piece:** Teach the student a rote piece that might be appropriate, based on how well they are navigating the keyboard so far. This could be 'Hot Cross Buns' on the black keys, or a piece from 'Piano Safari' or 'Roadtrip!'.	5 min
Keeping the Beat	**Drumming:** Start the student off drumming a steady pulse, and ask them to keep going at the same speed. Play something on the piano, varying the rhythm if you feel the student is able. If the student loses the beat join in with their part before returning to your own.	4 min